

NHS Health Check Service

Free cholesterol, blood sugar, BMI,
and lifestyle checks available

To be eligible for an NHS health check the following apply:

Aged 40-74, GP address or your home address in Worcestershire, not already diagnosed with cardio vascular disease (including those on blood pressure and cholesterol tablets), diabetes or chronic kidney disease and not had an NHS Health Check in the last five years.

During the 'check' we assess height and weight (BMI), blood glucose level, cholesterol levels and blood pressure. We also carry out a lifestyle questionnaire and can perform an HBA1C blood test if diabetes is suspected. All blood tests are finger prick only. Results are explained at the time of consultation and forwarded to the clients GP.

We will be at Peopleton village hall

Friday 7th November 2014

10am-3pm

Please call for an appointment on 01905 681333